



Workshop Descriptions & Farm Tour

Saturday, Oct. 3

10 AM-4PM

10-11am Weed ID 101: Knowing What's Growing

Description: This workshop will cover the basics of plant morphology and how it can be used to identify some of the more common and troublesome weed species encountered in cropping systems. Presenter: Eugene Law, Ohio State University Extension.

10-11am Culturally Relevant with LaFinca

Description: LaFinca is a community initiative and market program tied to Jardin 4 Life Inc. and local neighborhood events in the Clark-Fulton neighborhood. This workshop will cover how to embrace community and culture in our gardens and farms. Presenter: Tanisha Velez

11-noon: WTFungi: Introduction to Fermentation

Description: This workshop will cover how fungi and fermentation are related. Learn about what fermentation is and do a hands on learning experience with a make it take fermentation project. Presenter: Raine Supreme

11-noon Growing More than Food:

Engaging Youth to Strengthen Your Farm & Community

Description: Discover a community-rooted approach to youth workforce development that goes beyond traditional employment. This session explores how farms can intentionally engage young people as leaders, entrepreneurs, and partners in strengthening both the farm and the surrounding community. Leave with practical ideas for cultivating the next generation of leaders while growing a stronger, more connected community. Presenter: Shirley Bell, RevLove Farm

12:00-1:30PM: Lunch & Learn with Cleveland's Youth: Grab your lunch from one of the amazing Latin American restaurants in Centrovilla25. We gather and share a meal together in the Event Space and hear Cleveland youth from RevLove Farm and Hope Grows Micro Farm talk about their agricultural projects and what they've learned about urban farming.

1:00-1:55pm: Project L.L.A.M.A Workshop: Navigating Local Food Program and Business Development

Description: This session will bring together a collection of experienced, professionals of color who collectively have over 70 years of experience in a myriad of program and organizational support functions for small, community-focused businesses, including bookkeeping, administration, grant-funding, marketing, community partnership development, program development, and community outreach, and operational scaling. Our professionals will be on hand to provide short-one-on-one sessions with participants as well as connections to other resources, learning materials, and support networks that will help your organization grow at your pace! Presenter: Cafe Consulting

1:00-1:55: Seeds of Story: Preserving Agricultural Heritage Through Podcasting

Description: This interactive workshop will explore how podcast storytelling can preserve agricultural heritage, amplify BIPOC farmer voices, and strengthen regenerative food systems. Using selected episodes/excerpts from Ohio State University's Regenerative Champions Podcast, participants will examine how authentic farmer stories communicate resilience, cultural identity, regenerative practices, and community leadership.
Presenter: Omope Carter Daiboku

2:00-3:30PM: Salsa Extravaganza: *CentroVilla25's* restaurant Flying Pig Tacos will lead a fun-filled, hands-on demonstration and discuss the varieties of Mexican salsas. A focus will be on sourcing produce for the different types of salsa. This one is great for the general public as well as farmers interested in value-add products. The public will also get a peek inside *CentroVilla25's* commercial kitchen.

2:00 PM Hope Grows MicroFarm Tour, 3150 West 58th StreetCleveland, OH (Passenger van will pick up conference attendees in the *CentroVilla25* parking lot at 2 pm and 2:15pm)

**2:00-2:55pm Improving Leafy Green Flavor
& Nutrition in Controlled Environment Agriculture**

Description: This workshop will discuss research-based recommendations for leafy green production that focus on flavor improvement and nutrient fortification using controlled environment agriculture techniques (applicable for indoor vertical farm, greenhouse, and high tunnel leafy green growers).
Presenter: Yiyun Lin, Ohio State University Extension

2:00-2:55 pm Project L.L.A.M.A. Workshop: GAP Food Safety Traceability Exercise

Description: Are you prepared for a farm food safety emergency? Do you know what information you need to have on hand in the event someone gets sick from eating the food that you grew? Can you trace where the food goes from your farm in the event of a recall? This workshop is designed to help you get prepared for a food recall so you are prepared for a food safety emergency.
Presenter: Michelle Wallace, Central State University Extension

2:00-2:55 pm Improving Leafy Green Flavor and Nutrition in Controlled Environment Agriculture

Description: This workshop will discuss research-based recommendations for leafy green production that focus on flavor improvement and nutrient fortification using controlled environment agriculture techniques (applicable for indoor vertical farm, greenhouse, and high tunnel leafy green growers).

Presenter: Yiyun Lin, Ohio State University Extension

3:00-4:00 PM: Project L.L.A.M.A. Workshop: Crunching the Numbers

Description: Many small farmers may be managing their operations well, but perhaps not capturing data that could be useful in applying for grants and loans, or simply for use in-house. This workshop seeks to assist farmers with keeping farm records such as purchases, costs, and produce inventory, and other financial info to determine income and profitability.

Presenter: Cheryl ("CHAIR-ul") McKay, ColorBlindWork | People. Plants. Purpose.

3:00-4:00PM The Art of Black Food Justice: Agriculture and Creative Expression

This presentation explores how socially-engaged art and agriculture can work together to help historically oppressed communities, especially communities of color, reclaim land, strengthen cultural identity, and foster resilience. The presentation focuses on the Growing and Growth Collective (GGC), which is a volunteer-led initiative on the Near East Side of Columbus, Ohio.

Presenters: Jera Oliver, JD, MPA and Tiffany Bourgeois, PhD, Growing and Growth Collective.

OUTDOOR EXHIBITORS

Jardin 4 Life/ Cleveland Fresh/ La Marketa/ La Finca

FARE (Food Access Raises Everyone)

Miles of Love Farm

Northeast Ohio Ag Innovation Center & Ohio State University

Quality Fresh

Ohio State University - From the Ground Up Project and Agroecosystem Management Program

Virtual Urban Farm Tours and Webinars developed by the Great Lakes Urban Ag IPM Working Group (Ohio State University Extension Exhibit Table)

The Great Lakes Urban Ag IPM Working Group developed 20 virtual tours of urban farms that are an amazing resource to those starting urban farms or looking to add capacity. Additionally we have been holding webinar events with the farmer to walk-us-through the farm virtually adding tremendous value. Peer to peer learning is one of the most effective ways that new and beginning farmers learn, however, traveling to events or others' farms can be a financial burden. Ohio State University Extension

Backyard Homesteading with Sheep with Shelle Shepherd